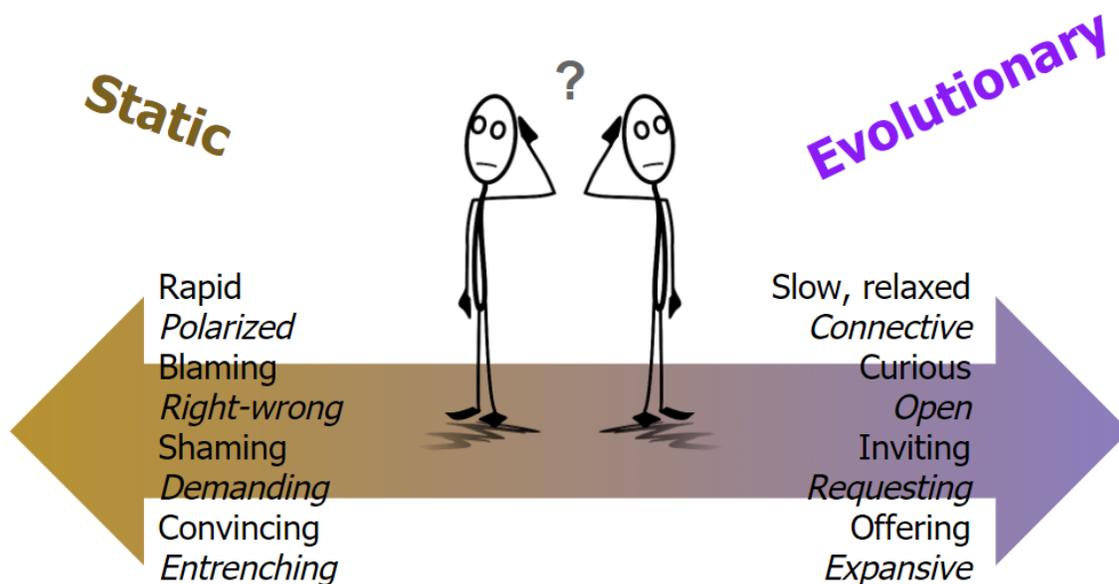


What kind of dismantling white supremacy conversations are you creating?



To Have a More Evolutionary Conversation:

1. Ground and center
2. Remember your intention
3. Default response: Innocent-curious head-cock: "Huh. Tell me more about that!" Or share your authentic, vulnerable reaction to what you've heard.

Keep in Mind:

- This is a long game. Evolution and transformation happen as you keep showing up.
- This is hard stuff! Between our own childhood patterns, and how the WSM operates, there's a lot to navigate. The more you learn, the better it goes.
- You're doing great, just by taking these steps to begin. It gets better over time.
- There is no such thing as too much practice. [Join us for an upcoming event](#)

You've got this!

